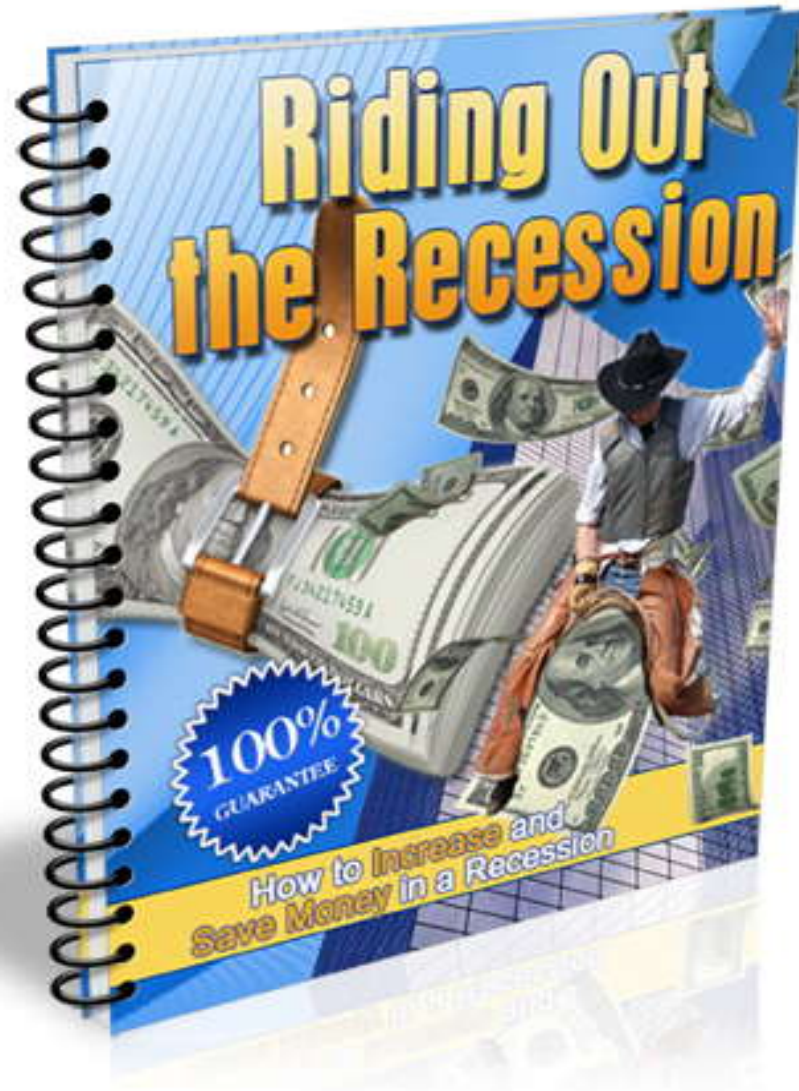


Riding Out the Recession



**How to Increase Your Income
and Save Money In a Recession**

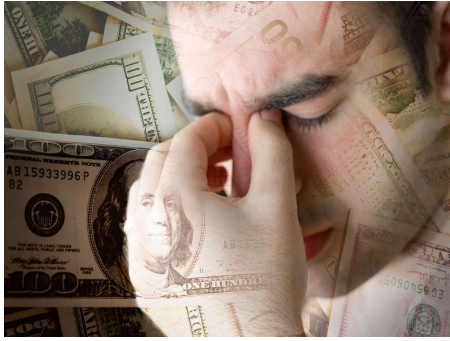
Action to Abundance.com

www.actiontoabundance.com

Table of Contents

Introduction	4
Living Below Your Means.....	5
The Great Depression and You	6
Save Money with Cost-Cutting Techniques.....	8
Creating a Successful Budget.....	20
Putting Your Budget to Work.....	22
Create & Implement an Income Boosting Plan.....	24
In Conclusion	27

Riding Out the Recession



Introduction

There's no doubt about it. We're enduring the worst economic downturn since the Great Depression. How will this economy affect you? The good news is that your story doesn't have to be one of doom and gloom. In fact, there are plenty of opportunities that can propel you to success regardless of the current economic situation!

The truth is, recession gives you a huge incentive to take a serious look at your own finances. It's even more important during these times to develop a successful financial plan that supports a sustainable lifestyle.

Such a lifestyle includes several important features that increase your personal profits:

- Living *below* your means – not at or above
- Learning how to save money
- Developing additional income

Money is always flowing somewhere, even during a recession. If you develop a mindset that allows you to seek it out and turn the tables in your favor, you'll do exceptionally well.

This book gives you plenty of ways to take advantage of the current recession to find your success. In a recession, you may need to be a little more creative, or work a little harder, but the opportunities are there, just waiting for you to find them!

The important thing is that you take action to bring your desires to fruition.

www.actiontoabundance.com